



Newsletter

The Immaculate Conception Epping

30th Sunday of the Year

25th October 2009

Dear Friends,

Amongst the spiritual traditions of the Orthodox Church, there is a beautiful practice which is quite simply called 'The Jesus Prayer'. It comes in two versions. The longer one is the invocation: *'Lord Jesus Christ, Son of God and Saviour, have mercy on me, a sinner.'* The slightly shorter form is: *'Lord Jesus, have mercy on me, a sinner.'* Either version makes for a good act of contrition during the Sacrament of Reconciliation and has the added advantage of being easily memorised. The Jesus Prayer has its origins in today's gospel account of the meeting between Jesus and Blind Bartimaeus. In his desire to have his sight restored, Bartimaeus calls out: *'Jesus, Son of David, have pity on me!'* When we use the Jesus Prayer, we are asking Our Lord for clarity of vision. In our fallen nature, we are blind to so many aspects of our lives that are out of kilter with God's plans for us. Long before the coming of Christ, philosophers in the ancient world taught the maxim: 'Know thyself'. Self-knowledge is of the utmost importance in the process of repentance. when we invoke the Lord in the Jesus Prayer, we are asking that we may see Him more clearly.

I hope that all families with children at school will enjoy half-term. I shall be in Rome from Monday to Friday.

God bless you all,
Father James.

Parish Priest: Rev. Fr. James Hawes

Tel: 01992 572516

Parish Deacon: Rev. Duncan Whitehouse

Tel: 01992 577173

Parish Hall Bookings: Arnold Verrall

Tel: 01992 573633 or 0776 440 4813

E-mail: epping@dioceseofbrentwood.org

Fax: 01992 570096

Registered charity No. 234092

11, Church Hill, Epping CM16 4RA Website:

www.eppingcatholicchurch.co.uk

NOVEMBER DEAD LISTS

You are invited to submit in the traditional manner lists of your deceased friends and relatives to be placed before the altar during the month of the Holy souls. Please mark the envelope 'November Commemoration'.

FIRST COMMUNION CLASS

Next on Saturday **14th November 10.30** a.m. in the Hall.

SATURDAY 26TH DECEMBER: (Boxing Day): There will be no 6 pm Mass.

A NEW COURSE FOR ALTAR SERVERS

will start on Friday 6th November at 5pm. Anyone, boy or girl, man or woman, who has made his or her First Holy Communion, is welcome to attend. Please give your names to Fr. James or Deacon Duncan.

BAZAAR DATE: 5th December: 6 weeks to go!

Appeal this week is for Toiletries. Everybody can off-load unwanted gifts with a clear conscience. More people are needed to man (woman!) the stalls.

OASIS OF PEACE DAY—Saturday 31st October in our church.

Restore to Halloween its original meaning: the Eve of All Saints' Day (All Hallow's Eve), and let's celebrate in prayer: "*In prayer you will find your deepest joy*". **10.30 to 4.** Mass at 11.50. Bring packed lunch; drinks provided.

BAPTISMS: Phoebe Harrison and Terence Bryant—congratulations.

CHILDREN'S LITURGY GROUP—Sunday 11 am Mass—Term Time Only

This group is for children aged 4 to 9 years and older siblings of those who attend. We urgently require helpers to ensure that this group can continue. Mums and Dads of the children who attend this group would be particularly welcomed to help teach our children the word of God. All teaching materials are provided. If you are interested, please ring Norah on 01992 577932.

VISION AID OVERSEAS

This is a charity dedicated to helping people in the developing world, whose lives are blighted by poor eyesight, particularly where spectacles can help. It works by sending abroad teams of volunteer optometrists and dispensing opticians, who set up clinics, screen a large number of patients and provide appropriate spectacles. You can help by donating your used spectacles and sunglasses, when you have finished with them, in the box provided in the porch bookcase. We will do the rest. (Sorry, but VAO cannot use broken specs). *J. and P. Group*

CHILDREN'S NATIVITY DRAWING COMPETITION!

Could all entries be submitted (ideally) by Sunday 1st November, please. Lots of time in half-term to be creative. There will be a box in the Church entrance to place them in.

CAN YOU PLAY 2 HYMNS ON THE PIANO?

The 'Rejoice!' Choir would welcome an assistant pianist to fill in when our pianist is away. You will find us a friendly group. Please speak to us after 11am Mass.

BRIGHT AND LIGHT SAT. 31ST OCTOBER 5.30 to 7 pm

Calling all school children upto year 7 to join in our alternative message to Halloween: an ecumenical party with bouncy castle, games and prayer. At St. John's C. of E. Church. Free tickets from Mary Morgan 574719.

ECUMENICAL SERVICE TO PRAY FOR PEACE – SUN. 25th OCTOBER

In our church at 4pm. The speaker is Tom Benyon, Founder of Zimbabwe, a National Emergency. Tea and biscuits will be served in the Hall afterwards, when there will be an opportunity to talk to Tom and to collect informative literature.

NEW PARISHIONERS: Please make yourselves known to Fr. James or Deacon Duncan, so we can welcome & inform you.

PARISH DAY OF SPIRITUAL RECOLLECTION

Parishioners are warmly invited to a day of spiritual reflection and prayer conducted by the retired Bishop of Middlesborough, Mgr. John Crowley on

SATURDAY 7TH NOVEMBER.

This is open to all who worship here, but is particularly intended for those involved in any form of ministry or committee work as an opportunity for some spiritual renewal.

The Programme is as follows:

- 10.30 a.m.** Mass. (Bishop John to preach)
- 11.15** Coffee and chat
- 11.30** Talk
- 12.15 pm** Midday Prayer
- 12.30** Lunch break—please bring a packed lunch—hot drink provided.
- 1.30** Talk
- 2.15** Holy Hour in Church
- 3.00** Evening Prayer and Benediction.

Anyone unable to come for the whole day is welcome to come to part of it.

MASS TIMES AND INTENTIONS

This weekend 24th/25th October 2009

Saturday	6 p.m.	Billy Hanley, <i>R.I.P.</i>
Sunday	9 a.m.	Ann Heron, <i>R.I.P.</i>
	11 a.m.	People of the Parish

Intentions Week Beginning 26th October 2009

Monday	9 a.m.	Bill McEvoy
Tuesday	9 a.m.	Eucharistic Service
Wednesday	9 a.m.	Eucharistic Service
Thursday	9 a.m.	Eucharistic Service
Friday	9 a.m.	Eucharistic Service
Saturday	6 p.m.	Canny Family deceased
Sunday	9 a.m.	Denise Collett, <i>R.I.P.</i>
	11 a.m.	People of the Parish

Morning Prayer will be held in the week 15 minutes before 9 am Mass.

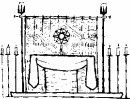
Confessions: Saturday 11.30 to 12 noon and after 6 p.m. Mass

Please pray for the sick: Yvonne Morrall, Doris Scott, John Hannis, Ellen Day, Karen Toohy, Paulette Jarrold, Amy O'Day, Elsie Moore, Gina Hawkins, Doug Barker, Julie Eke, Margaret Cabon, Mike Collett, Annette Goodchild, Betty O'Mahoney, Beth Davie, Kathleen Flower, Rita Gill, Gladys Saunders, Arthur Devereaux, Jennifer Peacock, George Rimmer, David Jolly.

HOLY HOUR

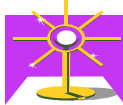
Monday
at 8pm in Church.

All Welcome



Adoration of the Most Blessed Sacrament

Monday to Friday for an hour
after 9 a.m. Mass
and on Tuesday till 12.30
Jesus awaits you



ROSARY GROUP

Friday at 5.00 p.m. at the
home of Charles Ward
22 Vicarage Road
Coopersale
All Welcome



Offerings

£ 1226.62

Of which CAFOD

£86.05

Thank you