



Newsletter

The Immaculate Conception Epping

3rd Sunday of Easter

26th April 2009

Dear Friends

'Peace be with you': those were the first words of the Risen Lord to His disciples. We exchange the same words between ourselves at every Mass just before coming to Holy Communion. Peace cannot be presumed and it certainly cannot be bought. Christians believe that it is, along with joy and love, one of the fruits of the Holy Spirit. If we seek it, then we must pray for it and again we do so at every Mass: *Lamb of God,.....grant us peace'.*

Personal peace comes from a readiness to conform our lives to the Will of God. any wilful act or desire at variance with God's will is a cause of turbulence and unrest within us. St. Augustine put it very succinctly: *'Our hearts are restless until they rest in You'*. When we stop and think about all the violence, hatred and division that fill the headlines and flash across the TV screens, we sometimes feel utterly helpless to do anything about it. The first and indispensable step is to promote peace within ourselves by day-to-day fidelity to Jesus, Who says: *'Let not your hearts be troubled; trust in God; trust also in Me.'*

Please pray for our children, thirty in all, who will be receiving First Holy Communion over the next few weeks.

.God bless you always,
Father James.

Parish Priest: Rev. Fr. James Hawes
Parish Deacon: Rev. Duncan Whitehouse
Pastoral Assistant.: Dr. Davnet Barker
Parish Hall Bookings: Arnold Verrall
E-mail: epping@dioceseofbrentwood.org

Tel: 01992 572516
Tel: 01992 577173
Tel: 01992 573865
Tel: 01992 573633 or 0776 440 4813
Fax: 01992 570096 Registered charity No.

BAPTISM

Ella Munson—congratulations.

CHANGES ON CHURCH SANCTUARY: Following the largely enthusiastic response to the Benches and Tabernacle & Stand, it has been agreed by the Parish Council that an Ambo and Font, in a style to complement the Altar, should be provided. Whilst this is being done, the sanctuary carpet, which is in a poor state, will be replaced, taking the opportunity to change the colour to a suitable shade of blue. This will then complete all the planned works. Note particularly that it is not intended to re-model the sanctuary floor, nor to replace the crucifix, nor to modify the altar in any way. It has been agreed that the Ambo and Font will be self-financing and, with the help of a very recent bequest and other pledges, most of the funds required are already available. If any parishioner would like to contribute towards this beautification of our church, please let Fr James have your contribution (gift-aided if possible).

CHRISTIAN AID WEEK—will be on May 10th—16th. Two more streets need collectors, both under 50 houses. (approx. 20 minutes delivering and 35 minutes to collect). Contact Dorothy on Epping 577173.

CAFOD

Bike Ride 10 or 19 miles through Lea Valley Park and along the canal tow path. Sunday 7th June. Fun day out for all the family. Phone 0208 502 9722.

PRAISE AND WORSHIP EVENING

At Sion Community, Sawyers Hall Lane, Brentwood, on Sunday, 26th April, 7.30 to 9 p.m. Everyone welcome.

SPIRITUALITY EVENING

'Where is Wholeness to be found?' Speaker: Sr. Monica Butler, R.S.M. On 7th May at Cathedral House Conference Centre, Ingrave Road, Brentwood. 7.30 to 9.00 p.m. Cost: £5 waged, £3 unwaged.

GREGORIAN CHANT WORKSHOP at St. Mary's and St. Ethelburga's Church, Linton Road, Barking on Saturday 16th May. 10 am to 5.30 pm, after Mass of Sunday. Previous experience not necessary. Bring packed lunch. Drinks provided. Cost: £7, or £5 for the unwaged. Phone 0208 594 2849 for more information.

DAY OF RENEWAL

Friends' House, London (opposite Euston Station). 10.30 am to 5 pm. on Saturday 16th May. Main Speaker David Payne, founder of the CAFE Movement. Powerful ministry of Healing and Praise; also Prayer for the ongoing Safety of London.

FIRST HOLY COMMUNION CLASS:

Monday 27th April 5 pm. Parents Session Tuesday 28th April 8pm.

PLANNED GIVING ENVELOPES:

The envelopes for the next year are now available from the back of the Church— please pick up your box. If you want any further information about the envelope scheme or Gift Aid, please contact Malcolm Heughan on 812012.

OASIS OF PEACE (MARIAN) DAY:

Forget your troubles and rest in the Lord on Saturday May 2nd 2009 at our Church. Begins with coffee at 10.30 a.m., includes Mass at 11.50 a.m., Adoration, Rosary and Testimonies. Bring packed lunch – drinks provided. Finishes 4 p.m. Come for all or part of the day.

SHELTERED ACCOMMODATION

for the elderly (60+): Flat 26, St. Anne's, St. Anne's Close (off Whitmore Way), Stifford Clays, Grays, Essex RM16 2AY. A double 1-bedroom 1st –floor flat with wet room. Newly-refurbished, modern, self-contained, gas central heating. Passenger and stair lifts available. Warden and careline assisted. CCTV and Secure entry systems. Communal gardens, laundry and lounge. Charity run. Within short walking distance from shops, health centre, buses and church. £136.33 per week, inclusive of services and support charges. Contact Brentwood Branch (CWL) Housing Association Ltd. on 01702 510523.

HEADTEACHER REQUIRED SEP 09

at Holy Cross Catholic Primary School, Daiglen Drive, South Ockendon, Essex, RM15 5RP. It is a Group 3 School, ISR L18 - L24. Governors wish to appoint an enthusiastic, practising Catholic to lead, motivate and inspire our school community. For details please contact Mrs. P. Morris at the school office, Tel: 01708 853000. Closing date: 22nd April 2009.

DIVINE MERCY SUNDAY: 19th April at St. Peter and Paul's, 342, High Road, Ilford. Starts 1pm with Exposition. Finish with 6pm Mass. Confessions available throughout the afternoon.

CATHOLIC SINGLES

is an organisation which helps single practising Catholics meet up, either one to one or through social events. For more information please tel. **0161 941 3498**, visit the website **www.catholicsingles.org.uk** or email **info@catholicsingles.org.uk**

NEW PARISHIONERS: Please make yourselves known to Fr. James or Deacon Duncan, so we can welcome you to our community & inform you about it.

MASS TIMES AND INTENTIONS
This weekend 25th/26th April 2009

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| Saturday | 6.00 p.m. Elizabeth and John Evans, <i>R.I.P.</i> |
| Sunday | 9.00 a.m. Paddy and Mary Duffy, <i>R.I.P.</i> |
| | 11.00 a.m. People of the Parish |

Intentions week commencing Monday 27th April 2009

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| Monday | 9.00 a.m. Elizabeth O'Halloran, <i>R.I.P.</i> |
| Tuesday | 9.00 a.m. Rosalie Shannon, <i>R.I.P.</i> |
| Wednesday | 9.00 a.m. Dorothy and Duncan's intentions |
| Thursday <i>St. George's</i> | 9.00 a.m. Ives/Dooley Families, deceased |
| Friday | 9.00 a.m. David Wagland, <i>R.I.P.</i> |
| Saturday | 6.00 p.m. Holy Souls |
| Sunday | 9.00 a.m. Mary Wood, <i>R.I.P.</i> |
| | 11.00 a.m. People of the Parish |

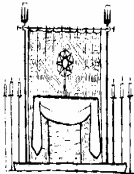
Morning Prayer will be held in the week 15 minutes before 9am Mass.

Confessions: Saturday 11.30 — 12.00 Noon and after 6 p.m. Mass

Please pray for the sick: Yvonne Morrall, David Jolly, Doris Scott, John Hannis, Ellen Day, Paulette Jarrold, Trudy Behn, Amy O'Day, Elsie Moore, Gina Hawkins, Jane Gant, Doug Barker, Julie Eke, Margaret Cabon, Mike Collett, Annette Goodchild, Betty O'Mahoney, Beth Davie,

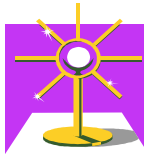
HOLY HOUR

Monday
8 pm in Church
All Welcome.



Adoration of the Most Blessed Sacrament

Monday to Friday
for an hour after Mass
and Tuesday till 12.30 p.m.



ROSARY GROUP

Friday at 5.00 p.m. at the
home of Charles Ward 22
Vicarage Road
Coopersale
All Welcome



Offerings

£ 1112.04

of which CAFOD:

£ 25.00

Thank you